



Seaside stroll



Approximate distance: 1.5 miles
Expected duration: 20-30 minutes

 Points of interest
 Direction of walk

 Toilets
 Caution

Seaside stroll

- 1** Starting at Waves Leisure Centre (just off The Links A193) come out of the main entrance, cross the zebra crossing and turn left to follow the path across the grass to the main road. Turn left then cross the main road using the zebra crossing.
- 2** Turn left to continue on the main pavement along towards the small roundabout. Turn right at the car park passing through and walk under the archway towards Rendezvous Café. Directly after the archway (next to the toilets) turn sharply left to go up a short flight of steps followed by a small incline. This leads onto a red footpath (lined with benches) on The Links that runs parallel to the promenade below (please note: an alternative route would be the promenade to bypass the steps). Walk along the path which eventually drops down a slope and bears right onto the promenade next to the beach (passing a small burn on your left).
- 3** Continue along the promenade, passing a small shelter on your left. Where the promenade ends, follow the dual path which bears left up a slope (keep to the tan surface on your right and be aware of cyclists on the red path).
- 4** Continue along this path then take a right turn onto a yellow gravel path about half way up. Walk along, down and round this path (it is slightly uneven and not suitable for wheelchairs) to walk over a stone bridge (you will see St Mary's Lighthouse in the distance slightly to the right of you).
- 5** Once over the stone bridge, take the path up to your left (still yellow gravel) before the steps. This wide path has wooden ridges on it. At the T junction, turn left at the water pumping station. Stay on this yellow path and ignore the two paths off to your right (which lead to the main pavement).
- 6** At the end of the yellow path and at the junction with the main path, turn left and walk towards the sea. This is a dual path so please keep to the tan surface on the left and be aware of cyclists on the red surface. Continue back down onto the promenade and turn right past the C2C blue sign. Stay on the promenade with the sea to your left and walk past two small shelters. Continue along until you reach Rendezvous Café once more.
- 7** When you reach Rendezvous Café, walk under the archway (café on your left) and take the path next to the car park back up towards the main road again. Turn left and walk back along the pavement towards the pedestrian crossing retracing your steps back to Waves.