

## Terms and Conditions

By accepting an ease card, you agree to all terms and conditions listed below:

- I understand that the ease card will remain the property of North Tyneside Council and cannot be used by anyone other than the ease cardholder.
- I accept that it is my responsibility to seek any necessary medical advice before engaging in any fitness programme or activity.
- North Tyneside Council reserves the right to withdraw ease card membership benefits to any person who does not conform with any of these conditions or who does not abide by all arrangements related to the scheme, including any misuse or abuse of staff, facilities or equipment provided by the council.
- I agree to abide by the normal conditions which apply to individual activities and facilities.
- I agree to have an induction to the gym prior to using the exercise equipment (age 14-16 years only)
- ease card memberships cannot be cancelled and are non-transferable.
- All activities are subject to programme and availability.
- North Tyneside Council reserves the right to amend offers associated with the ease card scheme and the terms and conditions of the schemes.
- To obtain discounted prices the ease card must be produced. North Tyneside Council reserves the right to amend offers associated with the ease card.
- Lost or stolen cards must be reported to an issuing centre and replacement cards will be issued for a nominal fee.

Due to Covid-19 all inductions and also gym visits must be booked. To book your induction or gym visit, choose which centre you would like to go to and telephone. They can book you a slot at a time that suits you. Please wear loose fitting clothing and trainers where possible.

We hope you enjoy your membership.



## Find out more

Email: [active@northtyneside.gov.uk](mailto:active@northtyneside.gov.uk)

## Where we are

### **The Parks Sports Centre, Howdon Road, North Shields, Tel: 0191 643 2700**

Facilities include: Contours Gym (14+ years), soft play\*, gymnastics\*, karate\* and badminton.

### **Tynemouth Pool, Beach Road, Tynemouth, Tel: 0191 643 2900**

Facilities include: Contours Gym (14+ years), large and learner pools.

### **Hadrian Leisure Centre, St Peters Road, Wallsend, Tel: 0191 643 2025**

Facilities include: Contours gym (14+ years), large and learner pools, badminton, climbing wall\*, gymnastics\* and trampolining\*. *(Note: Climbing wall sessions can be booked, however a charge will be applied for non-attendance)*

### **Waves Pool, The Links, Whitley Bay, Tel: 0191 643 2600**

Facilities include: Contours Gym (14+ years), leisure pool and learner pools with slides and special we adventure play area for younger children and soft play\*.

### **The Lakeside Centre, Southgate, Killingworth, Tel: 0191 643 4177**

Facilities include: Contours Gym (14+ years), large and learner pools, soft play\* and martial arts\*.

\*starred activities are not currently available due to Covid-19. Please check out the website and social media pages for updates on activities