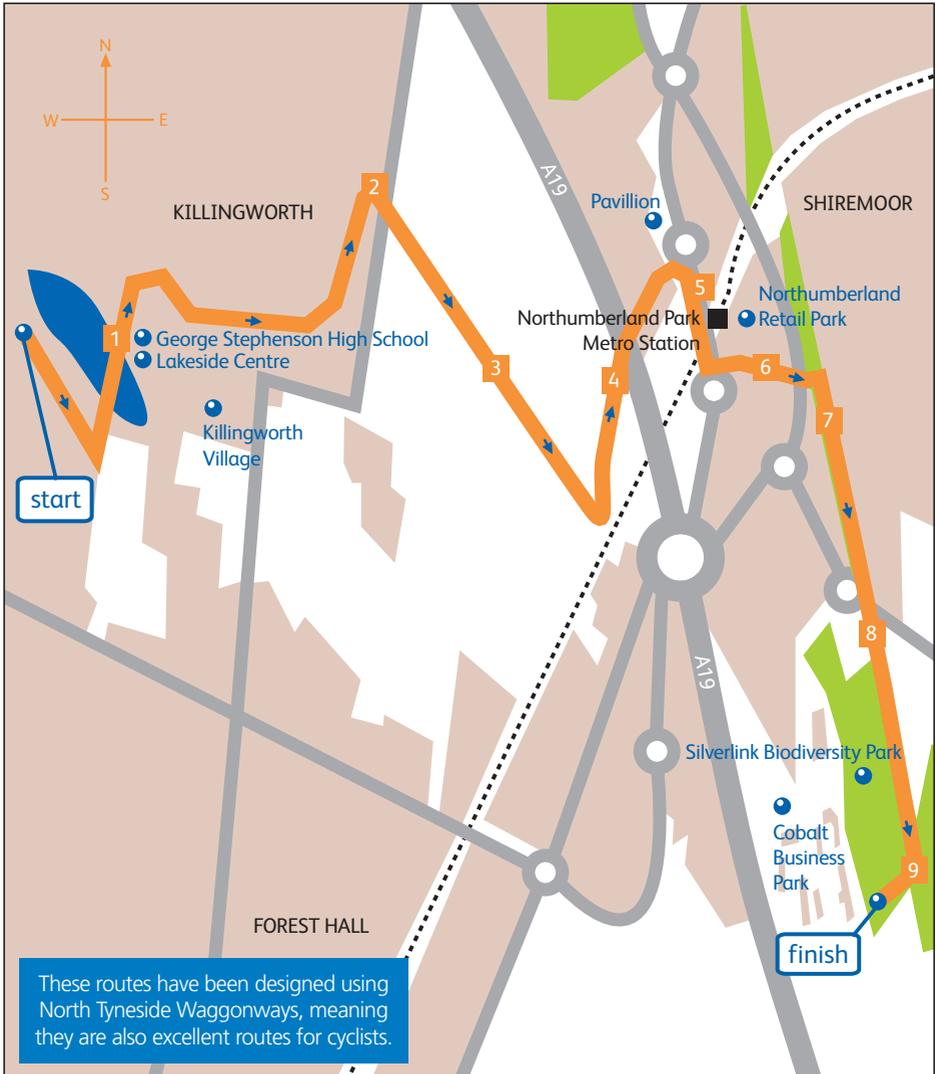


Area of reflection and contemplation walk: Killingworth Lake to Sundial Park

Healthy Walks in
North Tyneside



A moderate self-led walk of 3.5 miles taking approximately 70 minutes.

Key to route

- Direction of walk
- Landmark

- 1 From the play park end of Killingworth Lake, walk along the long path with the lake on your left through to the signalised crossing over Southgate. Turn left and continue up with the small lake on your right. You will pass the Lakeside Centre and George Stephenson High School, as you reach the end of the high school there is a diagonal path (bus turning circle) linking you to Killingworth Park, which runs parallel with East Bailey and Killingworth Village.
- 2 Continue through the park to its exit back onto East Bailey. Cross the road and turn right passing James Bowman House. The road continues along a wide bend across Ullswater Drive, as the bend straightens you will reach two bus stops opposite each other. Cross the road again and turn left onto a path connecting a green space to East House Farm on Killingworth Lane.
- 3 The path rises slightly up a bank, at the top turn right through the green space between Harwood Drive and Downswood/Rosewood. As the path continues you will arrive at Killingworth Lane with East House Farm on your right.
- 4 Cross the road to the Bridleway connecting to Holystone Farm. Continue along the Bridleway with the A19 in the distance on your left. As you leave the yard you will reach Holystone Farm Cottage, turn left along a public footpath and head directly towards the A19. At the A19 there is an underpass through to the new housing estate and the Pavillion Pub and Restaurant.
- 5 As you enter the housing estate, turn right onto Hotspur North. The path continues through to a signalised crossing over the A186. Turn right with Northumberland Retail Park on your right. As the road bends around to the left onto Earsdon Road you will reach another signalised crossing near Northumberland Park Metro Station.
- 6 Using the signalised crossing over Earsdon Road you will reach a combined Bridleway/Cycle Track through an open green space situated between Heathfield and Brookfield in West Allotment, at its end point at New York Road there is a zebra crossing.
- 7 Cross New York Road via the zebra crossing, you will pass a large electric substation on your left and a Bridleway on your right, continue through to the 'Cramlington' Waggonway.
- 8 As you reach the Waggonway, turn right and continue along the path situated between Shiremoor and West Allotment. The path continues to the New York Road underpass and runs between Algernon Industrial Estate and the Silverlink Biodiversity Park.
- 9 Continue passing the ramped path serving the Industrial Estate on your left and another connecting to the north end of the park on your right. Remain heading south and you will pass another Bridleway connecting to New York Way. Immediately after this, turn right onto a Bridleway linking to the south end of the Park and The Silverlink North at Cobalt. As the path heads into the park you will cross another Bridleway, continue, passing a pond on your left. A small distance on you reach a larger pond, turn right before the pond heading towards the Sundial. With the pond now on your left you will reach the end of the route at the central remembrance and reflection point.