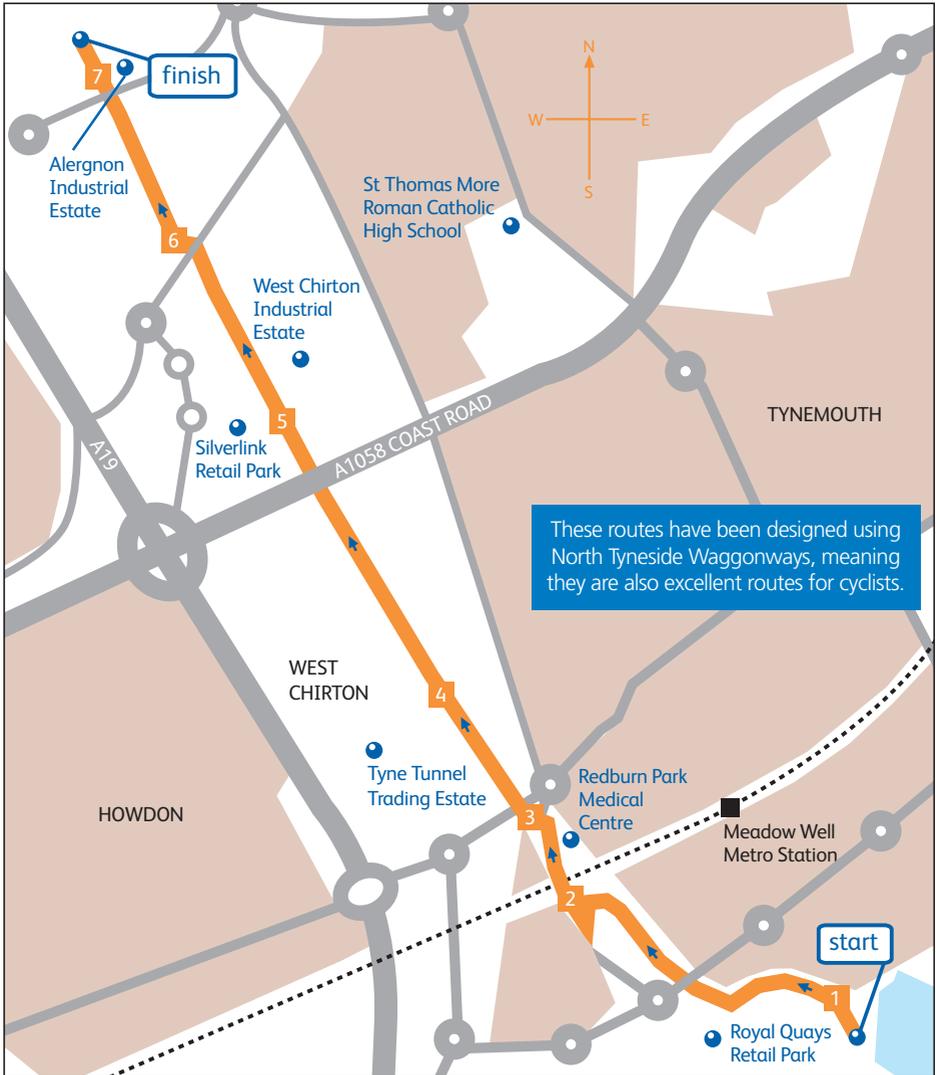


# Area of reflection and contemplation walk: Redburn Dene to Sundial Park

Healthy Walks in  
North Tyneside



A moderate self-led walk of 3 miles  
taking approximately 60 minutes.

### Key to route

- Direction of walk
- Landmark

## Area of reflection and contemplation walk: Redburn Dene to Sundial Park

Healthy Walks in  
North Tyneside

- 1 Start at Redburn Dene, North Shields (the Dene is situated just off Coble Dene and opposite the Royal Quays Retail Park) where the route heads through the Dene with Royal Quays on your left. You will continue in the same direction crossing the access entrance of the Centre for Advanced Industry building towards the Howdon Road underpass passing a signalised crossing on your left.
- 2 After the underpass continue along the same footpath heading towards a sequence of tall flats at St John's Green, Percy Main. Once at St John's continue with the flats on your right and the local cricket ground on your left. The road continues and then bends to the left to the last set of flats called 'Arlott House.' Continue in the same direction with Allotment Gardens on your right. As you pass take a sharp right onto a link path leading directly to Percy Main Metro station. As you head towards the Metro station you will have Percy Crescent on your left.
- 3 At the Metro station, remain on the same path and continue under the wide underpass through to Station Road, Percy Main. Head north on the path passing Sambuca's restaurant on the opposite side of the road on your left. You will pass Redburn Park Medical Centre on your right, cross over the entrance road and continue for a short distance to a refuge crossing point over Station Road to the 'Seaton Burn' Waggonway. Head along the Waggonway towards the underpass just ahead of you.
- 4 After the underpass head directly north towards the Coast Road passing Druridge House and a link path to Norham Road on your right. Continue north with the Steam Railway line on your left and Allotment Gardens on your right. Carry on north with the Tyne Tunnel Trading Estate on your left and a housing estate and Tesco to the right through to the Coast Road underpass.
- 5 On exiting the underpass continue north passing a link path up to the Coast Road on your right. The path continues straight up a green corridor to Middle Engine Lane, passing a number of link paths to Silverlink Retail Park on your left and Chirton Industrial estate on the right.
- 6 When you arrive at Middle Engine Lane, use the signalised crossing to continue on the Waggonway (made up of two parallel tree-lined paths with a central grassy buffer). The path has Cobalt South on your left and New York Way Industrial Estate to the right through to Silver Fox Way. Using the signalised crossing, continue on the Waggonway leading to Cobalt (north) and the Silverlink Biodiversity Park.
- 7 Approximately 200 metres on you will reach a Bridleway on your left linking to the south end of the Biodiversity Park and The Silverlink North at Cobalt. As the path heads into the park you will cross another Bridleway, continue, passing a pond on your left. A small distance on you reach a larger pond, turn right before the pond heading towards the Sundial, with the pond now on your left you will reach the end of the route at the central remembrance and reflection point.